

Connecticut History Day

Contest Guide

2022-2023 School Year

Connecticut History Day Regional Contests will be in-person for the 2022-23 school year. Listed below are the Regional Contest Dates with Registration Deadlines. As in past years, Websites and Papers will be due in advance of the Contest. The paperwork (process papers and annotated bibliographies) for Documentary, Performance and Exhibit categories will be due those same days.

Date	Region	Location	Registration Deadline	Web/Paper/ Paperwork
Saturday March 4 2023	Torrington	Torrington High School	Friday January 20, 2023	Thursday, February 16, 2023
Saturday March 4 2023	Norwich	Norwich Free Academy	Friday January 20, 2023	Thursday, February 16, 2023
Saturday, March 11, 2023	Mansfield	UConn	Friday, January 27, 2023	Thursday, February 23, 2023
Saturday, March 11, 2023	Hartford	Capital Community College	Friday, January 27, 2023	Thursday, February 23, 2023
Saturday, March 18, 2023	Fairfield	Sacred Heart University	Friday February 3, 2023	Thursday, March 2, 2023
Saturday March 25, 2023	New Haven	Southern CT State University	Friday, February 10, 2023	Thursday, March 9, 2023

All teachers will be required to register this year and must do so before their students can register.

Students in the Paper and Website Categories must submit their projects and paperwork by the deadline listed above. They **cannot** make any changes to their project or paperwork once their project is submitted.

Students in the Documentary, Exhibit and Performance Categories must submit their process paper and annotated bibliography by the paperwork deadline listed above. They **can** make changes to their paperwork between submission and the contest; students must highlight those changes in the two printed copies that they bring to the contest.

All students (for all five categories) must bring two printed copies of their paperwork to the contest.

If there are questions about any of this guide, , please contact the state office at info@historydayct.org or call (860) 522-6766.

Don't Forget! Review the Rule Book and Evaluation Forms!

No matter what category a student chooses, they should read the rule book to follow their category rules. The Rule Books are available for download here.

[NHD Rule Book \(English\)](#)

[NHD Rule Book \(Spanish\)](#)

Cheat Sheets for General and Category Rules

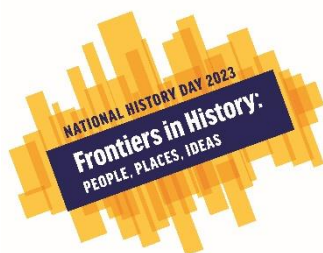
[Cheat Sheets for Rules](#)

The current version of the evaluation forms are available for download

[Evaluation Forms](#)

Choosing Between Group and Individual Projects

Students can choose to work as individuals in all categories or work in groups of 2-5 students on the website, documentary, exhibit, and performance categories. The historical paper category is only for individuals. If students choose to work in a group and meet in-person, they should be sure to follow health and safety guidelines from their school, county, and state.



2022-23 National History Day Theme: *Frontiers in History: People, Places, Ideas*

Here are the important links for this year's NHD theme:

- [Theme Book](#)
- [Theme Video](#)
- [List of CT Topics](#)

Instructional Guides by Category

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Historical Papers

Paper category students should review the NHD Rule Book to ensure they do not miss any important rules and requirements for their category: [NHD Rule Book](#).

Finalizing Paper Category Paperwork for Submission

- When it comes time to submit, **combine all the paperwork into one PDF document**. The registration system only allows one PDF upload.
- **Paperwork should be in this order:** Title Page, Process Paper, Historical Paper, Annotated Bibliography.
- **Combine multiple PDFs into one.** There are some free online apps available such as [Small PDF](#) and [I Love PDF](#).
- **Save the final combined PDF file using these naming guidelines:**

Name the file with first and last name and the contest level. For example: **johnsmithregional.pdf** at the regional contest level or **johnsmithstate.pdf** at the state contest level.

Important contest planning note! Students will be required to upload their final PDF file to the contest registration system by 11:59 pm on the submission deadline. Do not wait until the last minute to start uploading the project! **Paper students need to bring two printed copies to the Contest.**

Websites

Website category students should review the NHD Rule Book to ensure they do not miss any important rules and requirements for their category: [NHD Rule Book](#). Think carefully before signing up for this category as it takes time and expertise to build a website.

NHDWebCentral

NHDWebCentral
(<https://website.nhd.org/>) **must be used to build and create ALL websites.**

Complete instructions on creating an account, getting started, and other tips are available in the new **NHDWebCentral guide here:** [WebCentral Guide](#)

As detailed in the rules, students should include their process paper and annotated bibliographies on their website. During registration, students will provide their website's 8-digit code found in its URL.

Important contest planning note! Websites cannot be edited during the contest. They will “freeze” at 11:59 pm on the submission deadline and not unfreeze until after the contest. **Students must bring two printed copies of their paperwork to the Contest.**

Documentaries

Documentary category students should review the NHD Rule Book to ensure they do not miss any important rules and requirements for their category: <https://www.nhd.org/sites/default/files/NHDRuleBook2021Digital.pdf>.

Bringing Your Documentary to the NHD Contest:

Please prepare your documentary in various formats to avoid technical difficulties during your judging time. This could include:

- USB flash drive with an mp4 file of your documentary
- Playable file in Google Drive, OneDrive, Dropbox, etc.
- DVD with an mp4 file of your documentary

Students should check to make sure their documentary will work on the day of the contest. If possible as a backup, students should bring a laptop with their documentary loaded on it.



Documentary students need to save their paperwork as one PDF file and upload it to the registration system by 11:59 pm on the submission deadline date. **If students make changes between the submission of their paperwork and the contest, they must highlight the changes in the two copies that they bring to the contest.**

All students must bring 2 printed copies of their paperwork to the contest

Finalizing Documentary Paperwork for Submission

- When it comes time to submit, **combine all the documentary paperwork into one PDF document.** The registration system only allows one PDF upload.
- **Paperwork should be in this order:** Title Page, Process Paper, Annotated Bibliography.
- **Combine multiple PDFs into one.** There are some free online apps available such as [Small PDF](#) and [I Love PDF](#).
- **Save the final combined PDF file using these naming guidelines:**
 1. **If competing as an individual,** name the file with first and last name and the contest level. For example: johnsmithregional.pdf at the regional contest level or johnsmithstate.pdf at the state contest level.
 2. **If competing as a group,** name the file with each group member's last name and the contest. For example: smithjonesthomasregional.pdf at the regional contest level or smithjonesthomasstate.pdf at the state contest level.

Exhibits

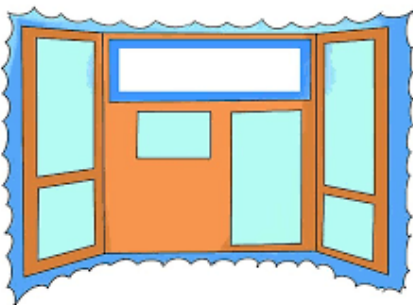


Exhibit category students should review the NHD Rule Book to ensure they do not miss any important rules and requirements for their category: [NHD Rule Book](#).

Since all contests will be in-person, students must physically construct an exhibit to bring to the contest. ****NO DIGITAL EXHIBITS WILL BE PERMITTED THIS YEAR****

The NHD Contest Rule Book allows exhibit students to:

- include a multimedia device in exhibit
- create an exhibit other than a tri-fold board that rests on a tabletop
- include supplemental materials on the tabletop

Exhibit students need to save their paperwork as one PDF file and upload it to the registration system by 11:59 pm on the submission deadline date. **If students make changes between the submission of their paperwork and the contest, they must highlight the changes in the two copies that they bring to the contest.**

All students must bring 2 printed copies of their paperwork to the contest

Finalizing Exhibit Paperwork for Submission

- When it comes time to submit, **combine all the exhibit paperwork into one PDF document**. The registration system only allows one PDF upload.
- **Paperwork should be in this order:** Title Page, Process Paper, Annotated Bibliography.
- **Combine multiple PDFs into one.** There are some free online apps available such as [Small PDF](#) and [I Love PDF](#).
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Performances

Performance category students should review the NHD Rule Book to ensure they do not miss any important rules and requirements for their category: [NHD Rule Book](#). Please remember that performance rules still apply for virtual contests.

Performance students need to save their paperwork as one PDF file and upload it to the registration system by 11:59 pm on the submission deadline date. **If students make changes between the submission of their paperwork and the contest, they must highlight the changes in the two copies that they bring to the contest.**

All students must bring 2 printed copies of their paperwork to the contest

Finalizing Performance Paperwork for Submission

- When it comes time to submit, **combine all the performance paperwork into one PDF document**. The registration system only allows one PDF upload.
- **Paperwork should be in this order:** Title Page, Process Paper, Annotated Bibliography.
- **Combine multiple PDFs into one.** There are some free online apps available such as [Small PDF](#) and [I Love PDF](#).
- **Save the final combined PDF file using these naming guidelines:**
 1. **If competing as an individual**, name the file with first and last name and the contest level. For example: johnsmithregional.pdf at the regional contest level or johnsmithstate.pdf at the state contest level.
 2. **If competing as a group**, name the file with each group member's last name and the contest. For example: smithjonesthomasregional.pdf at the regional contest level or smithjonesthomasstate.pdf at the state contest level.

Remember...

If you need assistance, contact the State Office EARLY!

Email: info@historydayct.org

Phone: (860) 522-6766

Good luck!